

# TRISH'S SODA BREAD

500g Plain Flour  
500g Wholemeal Flour  
300g Rolled Oats  
2 x tablespoons Honey  
2 x tablespoons treacle  
1 Litre Buttermilk  
30g Bicarb soda  
20g Salt.

Pre heat oven to 200 C

Mix all dry ingredients together

Mix Buttermilk with Honey and Treacle

Add Buttermilk mixture to dry ingredients.

Place in lined baking tin and bake at 200 C for 40 minutes.

